

2017-2018 Master PreK Breakfast Menu

(Stephens, Paloma Creek, N. Rayzor, Borman, Cross Oaks, Lee, WS Ryan, Gonzalez, Windle)

	Day 1	Day 2	Day 3	Day 4	Day 5
Week One	Asstd. Cereal Cinnamon Toast Applesauce Cup Margarine Asstd. Fruit Juice	Breakfast Pizza Chilled Peaches Asstd. Fruit Juice	Mini Cinnamon Bagels Fresh Fruit Asstd. Fruit Juice	Cheese Omelet Applesauce Cup Ketchup Asstd. Fruit Juice	Breakfast on a Stick Syrup Cup Apple Slices Asstd. Fruit Juice
Week Two	Asstd. Cereal Cinnamon Toast Applesauce Cup Margarine Asstd. Fruit Juice	Plain Bagel w/Sun Butter or Margarine Chilled Pineapple Asstd. Fruit Juice	French Toast Stix Fresh Fruit Syrup Cup Asstd. Fruit Juice	Scrambled Eggs w/Biscuit Strawberry Fruit Cup Ketchup/margarine/jelly Asstd. Fruit Juice	Fruit Yogurt Apple Slices Margarine Asstd. Fruit Juice
Week Three	Asstd. Cereal Cinnamon Toast Applesauce Cup Margarine Asstd. Fruit Juice	Chocolate Chip Muffin Top Strawberry Fruit Cup	Jumbo Waffles Fresh Fruit Syrup Cup Asstd. Fruit Juice	Breakfast Pizza Applesauce Cup Asstd. Fruit Juice	Biscuit w/sausage patty Apple Slices Margarine/Jelly Asstd. Fruit Juice
Week Four	Asstd. Cereal Cinnamon Toast Applesauce Cup Margarine Asstd. Fruit Juice	Chicken on a Biscuit Chilled Pears Ketchup Asstd. Fruit Juice	Mini Pancakes Fresh Fruit Syrup Cup Asstd. Fruit Cup	Breakfast Burrito Applesauce Cup Salsa pc Asstd. Fruit Juice	Blueberry Muffin Top Apple Slices Asstd. Fruit Juice

Cereal Options: Cheerios, Rice Chex, Rice Krispies, and Low Sugar Cinnamon Toast Crunch